

DECEMBER

PCS Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Egg & Cheese Croissant</p> <p><u>Choose One:</u> Chicken Nuggets & Pretzel Rod Loaded Beef & Cheese Nachos Fruit & Yogurt Plate Deli Meat & Cheese Sandwich</p> <p><u>Choose:</u> Country Baked Beans Fresh Veggie Dippers</p>	<p>3 Mini Confetti Pancakes</p> <p><u>Choose One:</u> Breakfast for Lunch Cheesy Bread Chicken Caesar Salad Jamwich Kit</p> <p><u>Choose:</u> Deli Roasted Potatoes Marinara cup * Romaine Side Salad</p>	<p>4 Scones</p> <p><u>Choose One:</u> Asian Beef & Broccoli Lo Mein Chicken Drumstick w/ Hush Puppy Yogurt & Fruit Parfait Ham & Cheese Croissant</p> <p><u>Choose:</u> Sliced Cucumbers Steamed Broccoli Florets</p>	<p>5 Sausage Patty w/ Biscuit or Grits</p> <p><u>Choose One:</u> Featured Item: <i>Stuffed Shells & Garlic Breadstick</i> Chicken Sandwich Apple-a-Day Salad Chicken Caesar Wrap</p> <p><u>Choose:</u> Sweet Potato Fries Mixed Side Salad</p>	<p>6 Breakfast Skillet</p> <p><u>Choose One:</u> Pizza Variety Fish Sticks o' the Sea w/ a Roll Chef Salad Turkey & Cheese Hoagie/Sandwich</p> <p><u>Choose:</u> Corn Niblets Fresh Veggie Dippers</p>
<p>9 Maple Pancake Minis</p> <p><u>Choose One:</u> Cheeseburger or Hamburger Cheese Sticks & Toasted Ravioli Boat Fruit & Yogurt Plate Deli Meat & Cheese Sandwich</p> <p><u>Choose:</u> Marinara Cup * Tater Tots Fresh Veggie Dippers</p>	<p>10 Chicken Waffle Sandwich</p> <p><u>Choose One:</u> Beef or Pork Tacos Cheese Pizza Crunchers Chicken Caesar Salad Jamwich Kit</p> <p><u>Choose:</u> Refried Fiesta Beans Romaine Side Salad</p>	<p>11 Egg, Ham & Cheese Sandwich</p> <p><u>Choose One:</u> Mandarin Orange Chicken Bowl Macaroni & Cheese Yogurt & Fruit Parfait Ham & Cheese Croissant</p> <p><u>Choose:</u> Steamed Broccoli Sliced Cucumbers</p>	<p>12 Apple Cinnamon Texas Toast</p> <p>Student Choice Menu <i>Students choose the hot entrees & vegetable options!</i> Entrée Salad: <i>Apple-a-Day Salad</i> Sandwich: <i>Chicken Caesar Wrap</i> Side Salad: <i>Mixed</i></p>	<p>13 Cheese Omelet w/ Toast</p> <p><u>Choose One:</u> Pizza Variety Chicken & Waffle Chef Salad Turkey & Cheese Hoagie/Sandwich</p> <p><u>Choose:</u> Mixed Vegetables Fresh Veggie Dippers</p>
<p>16 Pancake Pup</p> <p><u>Choose One:</u> Chicken Tender Basket w/ <i>Crispy Fries & Roll</i> Max Cheese Sticks Fruit & Yogurt Plate Deli Meat & Cheese Sandwich</p> <p><u>Choose:</u> Marinara Cup * Green Beans Fresh Veggie Dippers</p>	<p>17 Bacon, Egg & Cheese Pizza</p> <p><u>Choose One:</u> Teriyaki Beef Dippers w/ Rice & Chow Mein Noodles Grilled Cheese Chicken Caesar Salad Jamwich Kit</p> <p><u>Choose:</u> Tomato Soup Romaine Side Salad</p>	<p>18 Glazed Dunker</p> <p><u>Choose One:</u> Chicken Fajita Bowl Pasta & Meat Sauce Yogurt & Fruit Parfait Ham & Cheese Croissant</p> <p><u>Choose:</u> Spinach or Collard Greens Sliced Cucumbers</p>	<p>19 Scrambled Egg, Bacon & Biscuit</p> <p><u>Choose One:</u> Featured Item: <i>Mini Quesadillas</i> Corn Dog or Hot Dog Apple A Day Salad Chicken Caesar Wrap</p> <p><u>Choose:</u> Country Baked Beans* Salsa Cup Mixed Side Salad</p>	<p>20 French Toast & Chicken Bites</p> <p><u>Choose One:</u> Pizza Variety Ocean Treasure Fish Nuggets w/ Roll Chef Salad Turkey & Cheese Hoagie/Sandwich</p> <p><u>Choose:</u> Green Peas Fresh Veggie Dippers</p>
<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>
<p>WINTER BREAK</p>				
<p>30</p>	<p>31</p>	<p>January 1, 2020</p>	<p>2</p>	<p>3</p>
<p>HAPPY NEW YEAR</p>				
<p>WINTER BREAK</p>				

DAILY BREAKFAST CHOICES
Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast.
Must choose at least 1: Fruit or Juice.
May choose 1: Milk Skim, Low Fat White, or Fat Free Chocolate.
DAILY LUNCH CHOICES:
Choose 1: Entrée.
Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal)
May Choose: 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.
Available for lunch daily: Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices



Visit nutrilslice.com for Menu & Nutrition Information, & to download the app on your mobile device!